

COLOUR STORY MAKING

Use colour to inspire your writing.

Pick a colour.

Find five objects in your house that are that colour, anything from a placemat to a picture frame or a curtain.

Gather all the objects together or make sure you can see them from where you are.

Sit with the objects.

Use the objects and your imagination to create the beginnings of a story:

- How could these objects be connected?
- Who do they belong to?
- Where is this story set?
- When is this story set?
- What happens to turn this from a situation into a drama?

Now you have answered the questions, write your story. It can be in whatever format you like - a limerick, a poem, a side of A4 prose or as a script between the characters.

You can take part in our regular Elders Mondays sessions including creative writing, play-reading and drama activities. For more information, please visit <https://www.royalexchange.co.uk/the-elders>

Creative Care Kit: a GMCA project in collaboration with Greater Manchester's cultural and voluntary sectors

