

ICE CUBE INSPIRED SENSORY POEM

For this exercise it is best to use ice cubes that have melted slightly and that have not come straight out of the freezer.

You will need a couple of ice cubes in a box or bowl, a towel, a pen and paper.

As you respond to the ice cubes write down everything that you say in a list – don't filter anything out!

Begin:

Look at the tub of ice cubes.

What can you see?

How would you describe the shape of the ice cubes?

How would you describe the colour and texture?

Where might you find ice cubes?

What might you use them for?

Then:

Take hold of an ice cube in your hands. You may want to place a towel on your knee whilst doing this to keep dry!

How does the ice cube feel when you hold it?

What is the texture?

How would you describe what it feels like?

Is it light or heavy?

How does it feel as it moves through your fingers?

Next:

Try and make the ice cube disappear totally.

How quickly does it seem to be melting?

What could you do to make it melt even more quickly?

How does it feel when it is melting?

And how does it feel once it is gone?

Finally:

Read back the poem that you have created about the ice – this is your list of words and phrases!

End by coming up with a title, then read it back one final time.

